

Dressing Ladder (start at the bottom and get to the top)

Child has achieved independent dressing including fastening buttons, zips and **TYING LACES** – most achieve by 8 years



Child is able to:
Fasten top button of shirt
Fasten button of trousers, Buckle belt,
Sort clothes when inside out

Child is able to:

- Complete zip including clasp
- Orientate socks



Child is able to:
Unzip jacket and take off, Button and unbutton large buttons, Unbuckle belt, Orientate obvious tops and trousers, Put on clothes independently, Know the left and right shoes

Child is able to:
Put on t shirt with little help, Put on shoes but may be on wrong feet, Put on socks with help with orientation, Pull up and down clothing, eg pants, Button some buttons, Move zip up and down



Child is able to:
Tries to put on socks and shoes, Unbuttons large buttons, Can put on easy clothing like jacket or open front shirt/ cardigan

Child is able to:
Take shoes off, removes easy clothing, eg trousers, able to put arms into sleeves once shirt over head.

Child can:
Offer arms and legs for dressing,
Take socks off, Put on/ off easy hat

