



PRESS PACK

.....Let's live life with *No Limits*

Enable Ireland
Action on Disability



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About Enable Ireland

Enable Ireland provides free services to over 3,800 children and adults with disabilities and their families from 40 locations in 14 counties in Ireland. Covering childhood to adulthood, our expert teams work with the individual and their family on a plan for each life stage.

Our services for children with disabilities and their families cover all aspects of a child's physical, educational, and social development from early infancy through adolescence. For adults we offer a range of services covering personal development, independent living, supported employment, social and leisure activities.

At Enable Ireland we understand that every child and family are unique and have diverse needs. Our approach to providing services puts the child and family at the centre of all decision-making that affects them. We provide families with the knowledge and supports to make informed decisions and we build our services around their needs. We work in partnership with parents and children on a plan for each life stage.

The demand for our services continues to increase throughout Ireland. We have set ourselves the challenging goal of meeting these needs by providing a full range of high quality services.

Further information on www.enableireland.ie/about

CORE SERVICES

CORE CHILDREN'S SERVICES

- Person Centred Planning
- Psychology
- Early Years Services
- Hydrotherapy
- Postural Management
- Physiotherapy
- Speech and Language therapy
- Assistive Technology
- Nutrition Advice
- Transport
- Orthotics
- Occupational Therapy
- Social Work
- Family Supports
- Educational Support
- Respite

CORE ADULT SERVICES

- Person –Centred Planning
- Personal Assistance
- Life Skills
- Assistive Technology
- Community Development
- Independent Living
- Training
- Advocacy Development
- Supported Employment Service
- Personal Development

SUPPORTING NO LIMITS 19—24 SEPTEMBER 2011

With the public behind them, 3,800 children and adults with disabilities that we support can achieve the most amazing things!

Our kite is a symbol of independence and fun! Through our appeal this September, we want to raise awareness of the achievements of people with disabilities and raise much-needed funds for Enable Ireland's services.

Monies raised locally stay local and all proceeds go towards maintaining and building services for children and adults with disabilities.



Kite pins and Trolley discs will be on sale throughout the country in September

Volunteer or register your No Limits themed event by visiting www.nolimits.ie

Together, we can support people with disabilities to life with No Limits!

How we use funds

Funds generated through donations are used to make a real and lasting difference to the lives of children and adults with disabilities. Your donations are the building blocks for our future services. Capital development funds are urgently needed for new and improved buildings, refurbishment and renovation projects.

These developments ensure our facilities are up to date so that we can provide the best possible services to people with disabilities and their families.

NO LIMITS—Siobhan Guerin lives life with No Limits

Siobhan Guerin is only four years old but already she's show that she can live her life with No Limits. Her mother Anna found out that Siobhan had Spina Bifida and Hydrocephalus even before she was born.

“The doctors tried to be as positive as possible and told us that people with the condition can have a good quality of life but it was so hard to take in. Then you go and research it on the web and end up completely overwhelmed.”



Siobhan needed emergency surgery after her birth and contracting Meningitis adding further to her parents worries.

When Siobhan was released from hospital at four months old, she began receiving services such as physiotherapy, occupational therapy and speech and language therapy from her team at Enable Ireland.

“We had been told in the hospital so many times about the things that Siobhan wouldn't be able to do, how she was missing developmental goals and what her limitations would be. On our first day at Enable Ireland, we were blown away by how positive the staff were. Every little thing she did was celebrated and that meant a lot to us. They were so friendly and supportive and family centred that it helped us feel more in control of what was happening.”

Recently, Siobhan learned to live life with No Limits when her team in Enable Ireland taught her how to use a wheelchair. Siobhan even got to choose her own design.

“She's really flying around now and she loves her Dora the Explorer wheelchair – we were visiting family recently and she was so intent on showing it off she nearly knocked the place down! We're really proud of everything she's achieved and we're looking forward to what she's going to achieve in the future.”

A convenient way to support Enable Ireland is to purchase quality new and vintage items at one of our 21 shops located nationwide. They stock a wide range of good quality and branded used clothing for men, women and children. You will also find a variety of books, games, shoes, bric-a-brac and other items on offer. The shops are open Monday to Saturday from 9.30am to 5.30pm

We've come a long way since opening our first store in 1987, with outlets stretching from Sligo to Waterford and Drogheda to Cork. Our charity shops contribute over €1m every year to service developments for children and adults with disabilities across Ireland.

Did you know...?

All the items found in our shops have a shelf life of just 7 days, so if they don't sell within this time, we replace them with new stock.

That means that on any given day around 250 to 300 items are exchanged in each shop.

This means a constant stream of new products. So if you can't find what you're looking for one day, it pays to come back the next.



SHOP LOCATIONS

All proceeds from the sale of items in our shops go to Enable Ireland's capital expenditure programme, ensuring that we can provide our services when and where they are needed.

LANGUAGE GUIDELINES FOR JOURNALISTS

Referring to or reporting on people with disabilities in the media

Language is a powerful tool

It shapes the way those around us speak and act towards another. The use of appropriate language about people with disabilities can be an important means of building a community that accepts all people.

People first language

Language describing or introducing people with disabilities should put the focus on the individual, rather than the disability. People-first language helps us to remember that people are unique individuals.

It's not about political correctness, it's about respecting people's feelings and views

Language that may cause offence to some people with disabilities:

- Handicapped
- Cerebral Palsy sufferer
- Spastic
- Disease
- Afflicted
- Wheelchair bound
- Cripple
- Victim

Language that puts the person before the disability:

- Wheelchair user
- Person who is disabled
- Person who uses a wheelchair
- Person who has a disability

For Example

'Cerebral Palsy sufferer Joe Blogs,

The use of language here puts the disability before the person

'Joe Blogs, who has Cerebral Palsy.....'

Puts the person before the disability

www.enableireland.ie/media

www.nolimits.ie

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