

## MILANO FASHION SHOWS



Lara Casey of Lara's Boutique and Michelle Heaton, You're a Star Judge, pictured at the Milano/Enable Ireland Fashion Show

Spring and Fashion go hand in hand at Milano. Restaurant's in Dublin, Galway and Limerick pulled out all the stops for Enable Ireland to host a series of fashion shows over the spring period this year.

Kicking off on 25 February, Milano and Enable Ireland transformed the Dawson Street restaurant in Dublin to deliver a night of fashion to remember with proceeds going to Enable Ireland's Dublin and Wicklow Services. It was an indulgent evening of glamour, showcasing some of the very latest fashions from designers including

Dolls Boutique, Anastasia, Rococo, Lara Boutique, CoCo Woman, Marian Gale, Regine, Divine and Noa Noa. Stylists on the night included Male-Up Forever, Face 2 and Salon Zebra.

You're a Star judge and one fifth of pop sensation Libery X Michelle Heaton was in attendance, along with the Xpose team from TV3.

Similar events took place in Milano Restaurants in Galway – where over 200 enthusiasts packed out the restaurant on 12 March, and in Limerick on 15 April.

## BLACK & WHITE NIGHT

Last December Friends of Enable Ireland held a Black and White Night at the kind invitation of Bentley's Bar in Limerick. A great night was had by all with the highlight being a fantastic auction. Items included a fabulous necklace, donated by Matthew Stephens Jewellers and beautifully modelled on the night by Claire Dinneen, a signed Pdraig Harrington shirt from his win at the British Open, a corporate trip to Manchester United, a Magnum of Champagne donated by Kieran Murray and, the most popular item on the night - a signed Limerick Hurling Jersey. Niall Moran and Sean O'Connor were very popular ambassadors of the team on the night with other guests including Linda and Sean O'Brien, Rudi Butler, Fiona Hayes,

Audrey Halpin, Vivienne Murphy, Louise Ryan, Michelle McManus, Paddy Quane and Marie Dineen. The Black and White stars of the night were the handsome trio of Willie Hickey, Darren Brazil and Ronan Hopkins. Dolores Ryan, Centre Manager at Mungret, thanked everybody for coming and for giving their kind support. She added that through the JP McManus Pro-AM fund Enable Ireland were able to refurbish the Adult Services building, but more money was needed to complete the furnishing and fit out of the building. All money raised on the night goes towards the completion of an independent living training unit and a sensory garden which will cater for people with physical, sensory and autistic disability.



Claire Dinneen and Louise Ryan in Bentley's Bar at the Enable Ireland Cocktail Party

## ENABLE IRELAND CORK CHRISTMAS CARDS A HUGE SUCCESS



Lord Mayor Donal Coughlan is joined by Enable Ireland volunteer Margaret Keane and Lorraine O'Leary Enable Ireland Fundraising Co-ordinator Cork to launch the 2007 Enable Ireland Cork Christmas Card Collection in Brown Thomas Cork

Enable Ireland Cork services would like to thank everybody who supported the 2007 Christmas Card campaign. A large number of retail outlets sold the cards on a commission free basis including Brown Thomas Cork, where a team of volunteers set up a stand in the weeks leading up to Christmas. Lorraine O'Leary, Fundraising Co-ordinator Enable Ireland Cork Services, said "The 2007 Enable Ireland Cork

Christmas Card collection was extremely popular and I am delighted to say that the campaign raised in excess of €30,000 which will assist with the development of Enable Ireland services in Cork. This would not be possible without the assistance of volunteers who wrap and sell cards on our behalf, or without the generosity of the many retail outlets who sell our cards on a commission free basis."

Kevin Cummins and Johnny Dalton present cheque for €3,500 to Enable Ireland Fundraising Co-ordinator Lorraine O'Leary. Also present are Emer Cummins, Enable Ireland service user and Regional Director of Services Theresa Compagno

## BRAVE LEE SWIMMERS RAISE €3,500 FOR ENABLE IRELAND CORK SERVICES

Swimmers Kevin Cummins and Johnny Dalton presented a cheque for €3,500 to Enable Ireland Fundraising Co-ordinator Lorraine O'Leary, finishing the year for the charity on a high. Kevin and Johnny bravely participated in the Lee swim in July 2007 and fundraised extensively on behalf of Enable Ireland Cork services. Unexpected rain storms on the day made the Swim more difficult than expected for some swimmers but Kevin and Johnny braved out the weather to complete the swim in a fantastic time of less than 50 minutes. This was testament to an extensive four night a week training schedule for the event which the pair

began back in November 2006. Six weeks before the event they upped their regime and began training in the river at Inniscarra to prepare for the challenge that lay ahead. Friends and family cheered Kevin and Johnny on during the swim and celebrated their safe arrival at the finish line.

At the cheque presentation, Kevin spoke of his decision to complete the swim for Enable Ireland: "I set out to raise as much money as possible for Enable Ireland Cork services as my sister Emer Cummins is a service user at the new purpose built adult service centre in East Gate. I know



how valuable every bit of sponsorship is towards improving and continuing the services that Enable Ireland provides". Johnny spoke of the support that both men received during their training and of the generosity of so many people: "I would like to thank everyone who put their hands in their pockets to sponsor us and also those who encouraged us throughout the training for the swim."



Hayley Twomey congratulates her Dad Paul for completing 4 marathons in one year and raising over €3,000 on behalf of Enable Ireland Cork services

## 4 IN A ROW BY PAUL TWOMEY FOR ENABLE IRELAND CORK

Blarney native Paul Twomey took it all in his stride on behalf of Enable Ireland Cork services by completing four marathons in 12 months to raise over €3,000 for the charity! The 4 in a Row challenge saw him complete two Dublin Marathons, the Cork City Marathon and the London Marathon in just 12 months. Showing great endurance, dedication and motivation Paul completed each marathon in an amazing time of less than four hours - a wonderful achievement for any marathon runner!

The 4 in a Row completed by Paul is made even more amazing by the fact that Paul only took up running in May 2006! Following a decision to give up smoking and adopt a healthy lifestyle, Paul began

running in his spare time. He was soon captivated and decided to combine his new lifestyle choice with a fundraising effort for Enable Ireland Cork services. "I thoroughly enjoyed taking part in all of the four marathons and was delighted to have an opportunity to fundraise for Enable Ireland Cork services at the same time. I would like to thank everybody who sponsored me for the marathons and in particular Declan Holland of Embassy Plant Hire and Ger Kelleher of M&J Kelleher Oils Ltd. I would also like to thank my family for their support during the last twelve months and, in particular, everybody who travelled to London and the other marathons to cheer me on! " said Paul.



Pictured on Shop Street in Galway are students from Colaiste na Coiribe who sang Christmas Carols on Tuesday 13th December raising almost €2,000 for Enable Ireland Galway

## CHRISTMAS DAY SWIM 2007

Christmas morning in Galway was a chilly affair, however the bitter cold wind and water didn't stop many brave souls from jumping into the cold waters of Galway Bay in aid of Enable Ireland Galway. Blackrock in Salthill was awash with people to support the swimmers braving the cold water. Enable Ireland raised close to €8,000 through the swim.



Some participants who braved the water for Enable Ireland, prior to their dip in the Sea

## ENABLE IRELAND DISABILITY SERVICES RECEIVES DONATION FROM HOSPITAL SATURDAY FUND

Enable Ireland Disability Services was the beneficiary of a donation from The Hospital Saturday Fund (HSF) Charitable Trust at an event in the Mansion House recently.

Retail & Fundraising Director, Dorothy Barry received the donation on behalf of Enable Ireland from Vice-President of the Fund and The Lord Mayor of Dublin, Cllr Paddy Bourke.

HSF Health Plan, the trading company of the Hospital Saturday Fund, is Ireland's

leading health cash plan operator, providing over 100,000 Irish contributors, with cash towards everyday medical costs, including routine GP, dental and optical visits, hospital admissions, complementary medicine and personal injury. Over 500 organisations in Ireland from the voluntary, public and private sectors, offer HSF Health Plan to their staff.

As a not-for-profit organisation, any surplus funds from HSF Health Plan are returned to the community through the Charity.



The Lord Mayor of Dublin, Cllr Paddy Bourke, with Enable Ireland Retail & Fundraising Director, Dorothy Barry

In 2008, over €535,000 will be paid out in donations and grants by the HSF Charitable Trust to medical charities for care and research, hospices and hospitals across Ireland and the UK. Assistance was also given to individuals whose illness or disability has caused financial difficulties.



Tony Cusack, winner of the tickets for the Munster v Wasps, Heineken cup clash in Thomond Park on Saturday at a fundraising day held for Enable Ireland pictured here with Bernard O'Neill, chairman Enable Ireland Fundraising Committee and Gerry Flannery

## FLA'S BAR LIMERICK HOST COFFEE DAY

In January, Fla's Bar, Catherine Street, Limerick hosted a very successful Coffee Day in aid of the Enable Ireland North Tipperary/East Limerick Respite Centre development. The day was made possible through the continuous help and generosity of Gerry Flannery, Donnacha Ryan and Grainne Moylan of the Pantry, Nenagh, and the many helpers of the project.

The highlight of the day was a raffle for two tickets to the much in demand Munster Wasps match won by a beaming Tony Cusack. The day helped raise welcome funds and awareness for the planned Respite Centre which is due to be completed in 2009. To date, the hardworking committee with Niall Quinn as their Patron have raised nearly €140,000 and have received a donation of a site through the generosity of Nenagh Town Council

Bernard O'Neill, chairman of the fundraising committee said "The respite centre will provide in-centre and overnight respite to children and young adults with physical, sensory and autistic spectrum disabilities in the North Tipperary/East Limerick area". This will offer families a break from providing continual care and will create a positive and challenging experience for people with disabilities availing of the service.

The proposed respite centre will include Living Areas and five bedrooms which will provide for residential breaks, independent living, training and sleep-over clubs. It will also include a multi-purpose area which can accommodate sports, recreation, educational, therapy and social activities providing a drop-in centre for children and their family support workers.

For further information on the project or if you want to help in any way please contact Evelyn or Majella at 067-34375.



Marathon participants 07

## NEW YORK MARATHON 2008

In November 2007, 12 people represented Enable Ireland in the New York City Marathon 07. Galway had the highest representation with 7 people travelling from Galway, 3 from Limerick and 2 from Cork. This year we hope to have at least 15 people participate in aid of Enable Ireland. Places are limited but if you are interested in participating in the New York Marathon 2008 please email: galwayfr@enableireland.ie.

## FURBO NATIONAL SCHOOL



Joanne Murphy, Enable Ireland, Shane Mac Donnacha, Aoibheann Ní Dhomhnaill, Gearóid O Domhnaill and Mark Halliday with Rang 3 from Scoil na bhForbacha. Shane and Gearoid decided to ask their family and friends to make a donation to Enable Ireland Galway in lieu of presents for their 9th Birthday in November of last year.

## EVENTS CALENDAR

### FROM 28 APRIL 2008

#### High Tech Assistive Technology Training Course

High Tech AT Training Course accredited by Dublin Institute of Technology 2008: AT Certified Training Course: 28 - 30 April, 19 - 21 May and 16 - 18 June. Clicker 5 Training: Introductory Training: 9 Apr. Advanced Training: 10 Apr Grid 2 Training: to be announced. Contact: Shirley Deakin (sdeakin@enableireland.ie) Tel: (01) 4990412

### 16 MAY 2008

#### Kildare Golf Classic

Enable Ireland Kildare will host their annual golf classic at Woodlands Golf Club, Naas. Contact Willie on 045 875676 or email wcallaghan@enableireland.ie

### 23 MAY 2008

#### Galway Big Buster Night at the Dogs

With lots of prizes up for grabs it's a great night out for all the family. If you would like to attend or if you have some time to spare to get in on the organisation, call Joanne on 091 526321 or email galwayfr@enableireland.ie

### 23 MAY 2008

#### Ladies Lunch and Fashion Show

The annual Enable Ireland Kerry Ladies Lunch takes place this year at Fels Point Hotel. Tickets - €85. For reservations contact Sean on 066 7128220 or email sscally@enableireland.ie.

### 2 JUNE 2008

#### Cork City Marathon

Put your best foot forward and raise money for Enable Ireland Cork Services by taking

part in the Cork City Marathon. For more information and to receive your free registration pack contact Lorraine or Charlie on 021 4294434 or email corkfr@enableireland.ie

### 2 JUNE 2008

#### Flora Women's Mini Marathon

Support Enable Ireland in the 2008 Flora Women's Mini Marathon. Register online at [www.womensminimarathon.ie](http://www.womensminimarathon.ie) and then contact us for a sponsorship pack. You can opt to run for your local services. Contact 01-8857154 or email fundraising@enableireland.ie.

### 3+4 JUNE 2008

#### Play and Imagination in Children with ASD

Enable Ireland North East are hosting a two day seminar with Dr Pamela Wolfberg, Associate Professor of Special Education and Director of the Autism Spectrum Graduate Programme at San Francisco State University. Venue: Trim Castle Hotel, Co. Meath. Please contact Grainne Stone on Tel: 046 9481852 or via email: gstone@enableireland.ie

### 17-20 JUNE 2008

#### Seating Assessment and Solutions

Enable Ireland Postural Management Services will run a 4 day course in seating assessment processes and the identification of seating solutions to inform functional prescriptions. Venue: Enable Ireland Sandymount Centre, Dublin. Contact Linda on 01 2615926 or email lwynne@enableireland.ie

### 21 JUNE 2008

#### Midsummer Gala Ball Dublin

The 4th Midsummer Gala Ball will take place in the Royal Hospital, Kilmmainham. Tickets are priced at €2,500 for a table of ten and can be reserved by contacting Sarah on 01 2615921 or email eastfr@enableireland.ie

### 5 JULY 2008

#### Ring of Kerry Charity Cycle

The 25th Annual Ring of Kerry Charity Cycle this year promises to be the biggest and best with cyclists traveling from all over Ireland and beyond to take part. For further information on the cycle contact Sean on 066 712 8220 or 087 760 9768 or email sscally@enableireland.ie.

### 21 -24 AUGUST 2008

#### Tour de Munster

Enable Ireland has been chosen as the beneficiary of the 2008 Tour de Munster Cycle. It's a demanding four-day 600km charity cycle which will take them through all the counties of Munster. We are looking for volunteers to accompany the tour to help with collections in the cities, towns and villages along the route. Last year the cycle raised over €100,000. For more details contact Kerry Fundraising on 066 712 8220 and/or Cork Fundraising on 021 4294434

### 28 SEPTEMBER 2008

#### Cork Mini-Marathon

Put your best foot forward to raise money for Enable Ireland Cork Services by taking part in the Cork Mini-Marathon. For a free registration pack contact Lorraine or Charlie on 021 4294434 or email corkfr@enableireland.ie

## REGIONAL FUNDRAISING OFFICES AND CONTACT DETAILS:

### CORK

Tel: 021 4294803  
Email: corkfr@enableireland.ie

### DUBLIN AND WICKLOW

Tel: 01-2615900  
Email: eastfr@enableireland.ie

### GALWAY

Tel: 091-526321  
Email: galwayfr@enableireland.ie

### KILDARE:

Tel: 045-875676  
Email: kildarefr@enableireland.ie

### LIMERICK

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Please send your news, views, reviews, comments and photos to the editor before the end of September 2008.

### EDITORIAL MATTERS

We are delighted to bring you the first issue of our national newsletter for 2008. As you are aware the newsletter aims to provide a forum for exchange of information and acts as a communication tool for staff, service users, their families and other associated bodies. We hope that readers find this newsletter a useful source of information on what's happening in Enable Ireland and beyond.

Thanks to all who so enthusiastically contributed to this issue and we look forward to another bumper issue in Autumn 2008.

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