

# HOT WHEELS

**Crumlin**

*Winter Issue*

## WELCOME TO OUR WORLD!

Hi, This is our newsletter!

This is going to be about our every day life in the centre and in the Community.

We hope to entertain and provide you with information, events, gossip, review and interviews.

We are hoping to bring you this newsletter four times a year, one issue for every season.

This is going to give us a voice. A possibility to let everybody know who we are and what we like to do.



*Several team members busy at work!*

We want to take our ability more seriously than our disability as it is through our ability that we are here today writing for this newsletter!

It is something new and different for us but we are enjoying it a lot, we hope you will enjoy reading it!

*By the Hot Wheels team : AJ, Andrew, Avril, Donna, Jenny, Laura, Wayne, Yvonne.*

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# Who we are



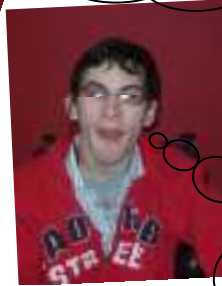
"if you believe in yourself you will have a brighter future"



"Listen to each other opinions..."



"The only disability in life is a bad attitude."



Even before Christmas has said Hello, it's saying "Buy Buy"



"Live Life to the full"



"We should focus on our abilities not on our Disabilities"



"Doing this newsletter is so exciting"

"There are those who say maybe I should forget about football. Maybe I should forget about breathing. "



## MY TRIP TO LIVERPOOL

Written by Wayne Keogh, assisted by Donna Quinn and AJ Walsh

I support Liverpool so going to see a match on their home ground was always dream. So getting the opportunity to go was amazing. It was going to be long boat and coach trip but I knew it would be worth.

We got off the bus a short distance from the ground and walked with and among the ever increasing crowd of chanting and vibrant supporters, munching away on pies and pasties, sipping their pre-match pints outside and inside the pubs, supporters were dressed in their team colours with hats scarves, as you walked along you could see sellers selling the Liverpool stuff and Tickets touts looking for and selling tickets, though I would not have sold mine for all the money in the world.

Then we approached it. The temple of football in England -Anfield ! I was here at last !! Wow, its beautiful, its big, I'm here, but it did look a little old fashioned. It was getting near the time and we made



I was here at last !!

It was getting near the time and we made our way to our seats, it was a complete sell out over 60,000 I reckon, and even better the score 2 1 to LIVERPOOL. After the match I was happy and stayed in the stadium to soak what to me was a memorable day and trip.

## IWA DISCO

By Jenny Mc Cann

Crumlin

On the 9<sup>th</sup> of October AJ, Donna & I went to the I.W.A disco in Clontarf.

AJ & Donna danced the night away & watched others dance, while I was chatting, singing & laughing with my friends, who I don't see that often.

The disco is held in a large, spacious hall, it's also held every second Thursday of every month. It starts 8.30 & finishes at 11.00.

It cost €5. They also have refreshments, if you're feeling a bit peckish.

It was a great night had by all & looking forward to the next one.



*Dancing the night away...*

## OUR SUCCESSFUL OPEN DAY

By Yvonne Pringle



*The king was back in town!*



*Martin Stokes and Bubba*



*Stephen Kavanagh and the Puppets show's Ladies enjoying*



On the 17th of September during Action Week we had an Open Day at the centre. Our "Shadow Puppet Show" was screened and it was a great success, Bubba, the dog from Peata ( pet therapy) came for a visit and in the afternoon Elvis entertained us and all the guests. Everyone had a great time singing and dancing!

## NEWS & EVENTS

Everyone in Enable Ireland Cashel Road would like to welcome Edna back.

We would like to congratulate Leah, Catherine and

Saoirse on their babies.

We are having our Christmas party on the 10th of December in Joels Restaurant on the Naas Road.

We can't wait!

We hope that Joanne Higgins will get well soon and be back in the centre, we all miss her!



### ANDREW'S THOUGHT FOR TODAY

*By Andrew Fagan*

*Routine Crash:*

*It's grand having a routine but people really need it?*

*I honestly must ask the question:*

*DO WE NEED IT EVERYWHERE?*

*I Don't Think So.*

*we have to have a bit of play instead*

*My point is: "BOYS GIRLS and basically people out there,*

*we need to relax a bit.!!!*

*We get up early enough in our life with places to go and things to do that WEEK-ENDS, that's the time we should take to have no routine.*

*Enjoy your week-end!*

**Watch out for our next newsletter in Spring 2009**

**The team would like to thank:**

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Enable Ireland